

HMP MANCHESTER; HMP FOREST BANK; HMP BUCKLEY HALL;
HMP & YOI STYAL; HMP YOI THORN CROSS & HMP HINDLEY

GREATER MANCHESTER COMMUNITY CHAPLAINCY

PRISON PRAYER LETTER SEPTEMBER 2022

As you read this newsletter, the year 2022 is now in its final quarter and what is mostly known as the “ber” months are now upon us! September is mostly a month of new beginnings. New school year, start of new careers, establishments of new friendships, move to new locations for students and those starting new careers (weather permitting) the end of Summer the beginning of Autumn, in the Methodist Church, the beginning of a New Church year. Yet for some of our clients these new beginnings do not resonate being in prison.

Whatever your circumstances or situations are, allow me to take us back to my opening scene but with a passage from St Paul’s letter to the Hebrews 12:1-2 .”Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfected of faith.” NIV We, like the competitors in the Commonwealth games, each have a different race and are challenged with different things that make running our specific races difficult if not impossible. However we are assured of someone who is not only there to be a coach, mentor, manager or representative but wants to and longs to come alongside each of us, not only in the above capacities, but also become our burden sharer, enabler, comfort, shock absorber promoter and above all our best friend and helper as we train and run our race. Be reminded, that you are never alone. There is and will always be our LORD Jesus every step of the way as we each go for Gold! All we have to do is reach out and accept support and HIS Loving Grace and Mercy.

Every blessing, C.Eva M

A massive thank you to our supporter Jack who donated a guitar to GMCC!

Contact us at: GMCC Methodist Central Buildings Oldham Street M1 1JQ

Telephone: 0161 236 2462 Email: chaplain@gmcconline.org

Please make cheques payable to: **GM Prison Prayer**

and state if you would like to **Gift Aid it**

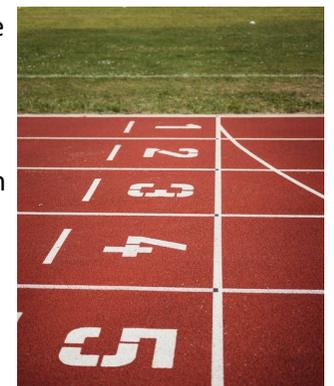
Check out our Facebook Page or www.gmccsupport.org

Going for GOLD

This month’s article has been written by one of our amazing volunteers

It has been very interesting and captivating watching the last Commonwealth Games held in the City of Birmingham between Thursday, 28th July and Monday, 8 August 2022. The official opening transported me back into my childhood, as the teams were introduced, I remembered Ms. M,(my class 5 Primary school teacher) teaching us 9 year olds about the some of the participating nations; bringing the History/ Civic lessons to life with photographs of important aspects of the culture and way of life of most of the Commonwealth Nations. We were taught and had to remember not only the name, capital city and colours of the national flag, but also the political divisions and where possible some relevant geographical information such as weather, national tribes/ people groups, geo-economical activities that are unique to that nation. I was taught at that early age that my little country of Sierra Leone is a significant part of a wider Commonwealth of diverse nations. So too is every one of us. We all belong together United in our common humanity.

The atmosphere within the venues where the games were held, was electrifying even from the comfort of my home I would join in the frenzy of the spectators and the home crowds as competitors were cheered on to do their very best as they went for Gold! I am sure some of our readers can relate to the adrenaline rush and raised heart rates when team GB members were getting to the finish line and were getting Gold! I was very excited and joined in the cheers knowing that I could never have achieved such outstanding achievement. If this was not you, sorry you have missed out!



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- 1 E who is feeling very trapped by his own behaviour and fears. He is feeling very low and fed up, pray for a lift in his spirits and the ability to change
- 2 D who has been feeling very isolated, pray for the right people to walk with him
- 3 R who is waiting for confirmation on housing, pray for favour and provision
- 4 Pray for our trustees who meet in a few days, pray for wisdom and vision for the future of GMCC
- 5 R who struggles with outbursts of anger, pray for effective ways to cope and for divine healing
- 6 R who struggles with social interaction, pray for insight and the right help
- 7 We are hoping to hold another Alpha course for another wing at HMP Manchester, please pray the men show an interest in the course and sign up.
- 8 Pray that GMCC's quarterly coffee and cake event goes well today
- 9 S and J who are mentally unwell and waiting to move to a hospital, pray for favour and healing as they seek support
- 10 Pray for staff and volunteers at HMP Forest Bank as they continue to work hard serving those in their care.
- 11 For C a wonderful long-time supporter who has had a terrible fall, pray for a
- 12 Pray for staff at HMP Manchester as they continue to work hard for the men in their care
- 13 E is awaiting some important news, pray for divine favour
- 14 S whose cousin has died and they were very close, pray for the right people to support him through the pain and grief
- 15 S who has started a journey of healing from past trauma, pray for continued growth and self love

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- 16 Pray for K, who is recovering from a hip replacement, pray for continued strength as she recovers
- 17 W who is waiting for counselling and very much wants to address some of his issues pray for this provision
- 18 S who lost a family member unexpectedly, pray for healing from the shock and support in the grief
- 19 A and M who have ill mental health and are in line to go to hospital, pray for favour as they wait for a spot and healing when they get to the hospital
- 20 Pray for GMCC staff and volunteers as they continue working so hard and face the complexities of working with the varied clientele that walk through our doors. Pray for continued patience, grace, love and compassion
- 21 L who struggles with daily living & personal issues, pray that he is receptive to support and grows
- 22 M & W who are receiving support from our volunteer chaplains, pray that the targeted help impacts them positively.
- 23 Pray for staff and volunteers at HMP Buckley Hall as they continue to work so hard for the men in their care
- 24 Pray for groups at GMCC, may they continue to grow and help more people in the community
- 25 G who has moved from Healthcare back to a wing, pray that he settles.
- 26 Pray for the Chaplaincy team at HMP Styal, who continue to work with the women in their care offering many support services
- 27 A whose sister has died, pray for comfort in mourning and support during this time
- 28 K, who is mentally unwell and waiting to move to a hospital, pray for a quick transition
- 29 W, A and D who are receiving support from our volunteer chaplains, pray for this to be fruitful
- 30 R who is hoping to see his dad before he dies, pray that this hope becomes a reality