

This sometimes feels like a heavy burden. But then I remember the responsibility is not mine. It belongs to God who uses me as a vessel each day. With His guidance and His Word I have been able to speak to people who are facing hardships that I have never faced. I have been able to comfort people in situations I have never gone through. God has been present in every situation, allowing me to be silent when necessary and speak words of wisdom when relevant. I have learnt the power in saying 'I don't know' and seen the change in someone by just showing up.

This job is not for everyone. I have cried more than a few times in my six months here due to the injustice that our wonderful clients face on a daily basis, however it is a complete and utter privilege to be here. I love what I do and I love that we have an army of wonderful souls praying for us and our work each and every day.

Thank you readers. You are truly a blessing.

Testimonies

K. is doing well on the Emmaus Bible study programme

P has been clean from drugs for 52 days for the first time since he has been taking them.



Contact us at: GMCC Methodist Central Buildings Oldham Street M1 1JQ

Telephone: 0161 236 2462 Email: chaplain@gmcconline.org

Please make cheques payable to: **GM Prison Prayer**
and state if you would like to **Gift Aid it**

Check out our Facebook Page or www.gmccsupport.org

An update from our Chaplain

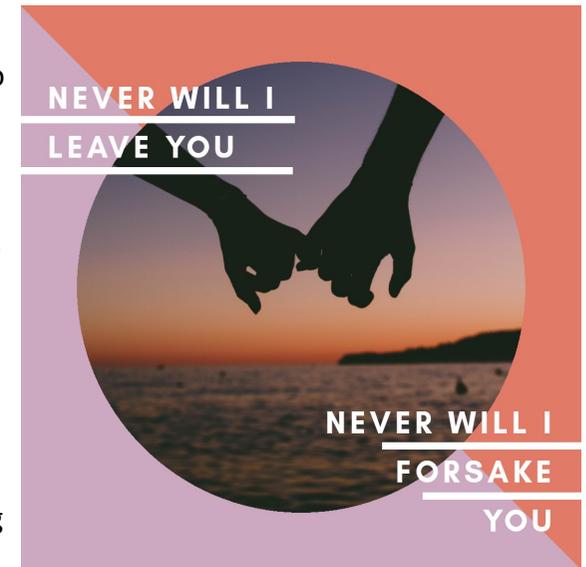
I have now been the Chaplain at GMCC for six months. It has been six months of amazing learning experiences, sadness and joy.

Before starting at GMCC I volunteered for a charity that helped train ex-offenders who then moved on to get jobs and become functioning members of society.

This had given me a good basis on which to start here.

However this role is so much more than volunteering. This role has forced me to get out of my comfort zone; to attend meetings and planning sessions with people

twice my age who have been in the prison and social justice industries for years. I go into prisons alone representing GMCC, where my youth is constantly pointed out. And most importantly I have a group of ex-offenders who ask me for advice, guidance and prayer on a regular basis.



FEBRUARY 2020

- 1 R who has lost multiple friends during the new year period, that he will find comfort and peace
- 2 S. who came to Faith last year that he may continue to grow in his walk.
- 3 D who is very depressed after the changes in routine over Christmas that he will be comforted as things return to their usual routine.
- 4 C who has had his parole hearing and is waiting to hear the outcome that he will have peace in this time of waiting.
- 5 The volunteers at GMCC who sacrifice their time and energy each week, that they will know how valued they are by all.
- 6 K who is worried about the lack of contact with his mum, that he will get in touch with her soon
- 7 C. That he might be more consistent in his attendance at the chapel
- 8 R who has low self esteem, that he understands the truth that he is worthy of love.
- 9 A struggling with addiction issues. That he will persevere and keep trying.
- 10 L. who has a drug problem but wishes to attend the Living with Loss course.
- 11 L facing family estrangement issues that time and talking might help.
- 12 N, R, A, B and C who have all had recent bereavements that they have the space to grieve and people to comfort them.
- 13 D who was recently released from prison, will have the strength and support to stay clean after struggling with addiction for many years
- 14 P. who has lost several people close to him recently & that the Living with Loss course will help him with his grief.
- 15 M who is finding his first time in prison both frightening and challenging that he will settle in and be able to cope.

FEBRUARY 2020

- 16 P who is waiting for his children to be cleared so he can see them, that he will have hope in this time of waiting.
- 17 C and A who are struggling with mental health problems, that they will receive the ongoing support that they need.
- 18 Our clients at GMCC, come of whom have had a difficult Christmas and New Year period, that they will look forward with hope and positivity.
- 19 Mental Health staff who have so much to cope with, that they will not be overwhelmed or burdened with what they see & experience.
- 20 D. that his Faith might deepen this year as he regularly attends our courses
- 21 A who has not been to prison before that he will be able to cope well inside and build towards a future.
- 22 That God will give us new vision and ideas for the work we do here at GMCC
- 23 R who is struggling with anxiety and paranoia, that God may grant him peace
- 24 W whose father killed himself last year, that he will have the support and comfort that he needs during the mourning process.
- 25 Pray for all the staff at Buckley Hall and our new governor that we might continue to be an excellent prison.
- 26 R who is waiting to hear about accommodation so he can be released, that he has peace in the waiting and favour in the outcome.
- 27 C who has just returned from hospital and is frustrated as he feels he did not get the help he needs, that a diagnosis and support will be found.
- 28 R who is struggling with depression, that he receives the help and support he needs
- 29 P who has had his sentencing date delayed again that he will continue to have hope for his future.